



# INTRODUCTION TO PSYCHOLOGY

## PSY100 — Introduction to Psychology, 3.0 hours

### PROFESSOR

---

Kelly Trent has a Bachelor of Science in Criminal Justice with a minor in Forensic Science from American Intercontinental University and a Masters of Science in Psychology from Grand Canyon University. Kelly Trent previously taught adults with autism and has also worked, and continues to work as a Licensed Massage Therapist. Some of her hobbies include reading and watching true crime documentaries. In her spare time, she loves to spend time with her family. She has a daughter and a new grandson.

### CONTACT INFORMATION

---

E-mail: [ktrent@lakewood.edu](mailto:ktrent@lakewood.edu)  
Cell Phone: 800-517-0857 X 738

### ONLINE SUPPORT (IT) AND MOODLE NAVIGATION:

---

All members of the Lakewood University community who use the University's computing, information or communication resources must act responsibly. Support is accessible by calling 1-800-517-0857 option 2 or by emailing [info@lakewood.edu](mailto:info@lakewood.edu)

### BOOKS AND RESOURCES

---

Rathus, Spencer A. Psych. 6th ed. Belmont, CA: Wadsworth, 2020.

### EVALUATION METHOD

---

Graded work will receive a numeric score reflecting the quality of performance.  
Course Requirement Summary

- Assignments - Total of 120 Points
- Weekly discussion forums-Total of 80 Points
- Midterm Essay - 20 Points
- Final Exam - 25 Points

### GRADING SCALE

---

Graded work will receive a numeric score reflecting the quality of performance as given above in evaluation methods. The maximum number of points a student may earn is 190. To determine the final grade, the student's earned points are divided by 190.

Your overall course grade will be determined according to the following scale:

A = (90% - 100%)  
B = (80% - 89%)  
C = (70% - 79%)  
D = (60% - 69%)  
F < (Below 60%)

## ACADEMIC INTEGRITY/ PLAGIARISM:

---

Cheating (dishonestly taking the knowledge of another person whether on a test or an assignment and presenting it as your work) and plagiarism (to take and pass off as one's own the ideas or writing of another) are a serious issue. While it is legitimate to talk to others about your assignments and incorporate suggestions, do not let others "write" your assignments in the name of peer review or "borrow" sections or whole assignments written by others. We do get ideas from life experiences and what we read but be careful that you interpret these ideas and make them your own.

I am aware that many types of assignments are available on the internet and will check these sources when there is legitimate suspicion.

Penalty is a zero on the assignment. In cases where there is a major or continuous breach of trust, further discipline, such as an "F" in the course, may be necessary.

The major consequence of any form of cheating is damage to your character and the result of trust and respect.

## DISABILITY ACCOMMODATIONS

---

Students who have a disability and wish to request an academic accommodation should contact Jim Gepperth, the Disabilities Services Coordinator and Academic Dean. The student can request an accommodation at any time although it is encouraged to do so early in the enrollment process. The student should complete an accommodation request form which begins a conversation between the school and the student regarding the nature of their disability and an accommodation that would help the student succeed in their program. The school may request documentation regarding the disability to address the accommodation request effectively. The school will communicate to the student the type of accommodation arranged. This process typically follows a team approach, bringing together persons from the academic department (including the instructor) and personnel from other departments as necessary. Additional information on disability accommodations may be found in the Lakewood University Catalog.

Disability Services Email: [disabilityservices@lakewood.edu](mailto:disabilityservices@lakewood.edu)

## SUPPLEMENTAL TEXTS

---

You can use the following resources to assist you with proper source citation.

American Psychological Association Style Guide- [https://www.mylakewoodu.com/pluginfile.php/118179/mod\\_resource/content/1/APA%20Style%20Guide%207th%20edition.pdf](https://www.mylakewoodu.com/pluginfile.php/118179/mod_resource/content/1/APA%20Style%20Guide%207th%20edition.pdf)

The Purdue OWL website is also a helpful resource for students. Here is a link to the OWL website: [https://owl.purdue.edu/owl/research\\_and\\_citation/apa\\_style/apa\\_formatting\\_and\\_style\\_guide/general\\_format.html](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_format.html)

## LIBRARY

---

Mary O'Dell is the Librarian on staff at Lakewood University

She is available by appointment. You can make an appointment with her by emailing her at [modell@lakewood.edu](mailto:modell@lakewood.edu) or call at 1-800-517-0857 X 730

You may also schedule a meeting at this link: <https://my.setmore.com/calendar#monthly/r3a761583354923270/01032020>

She can assist you with navigating LIRN, research, citations etc.

## SUPPORT

---

Each student at Lakewood University is assigned a Success Coach. Your Success Coach exists to assist you with academic and supportive services as you navigate your program. They will reach out to you, often, to check-in. Please use the resources they offer.

Student Services is available to assist with technical questions regarding Lakewood University and all services available to you.

1-800-517-0857 option 2  
[info@lakewood.edu](mailto:info@lakewood.edu)  
[studentservices@lakewood.edu](mailto:studentservices@lakewood.edu)

## CAREER SERVICES

---

Students are offered Career Services at any point as they journey their academics at Lakewood University.

1-800-517-0857 option 2  
[careerservices@lakewood.edu](mailto:careerservices@lakewood.edu)

## LESSONS

---

TITLE	COURSE TOPIC	READINGS/ASSIGNMENTS	DUE	OBJECTIVES
Lesson #1	<ul style="list-style-type: none"><li>What Is Psychology?</li><li>Biology and Psychology</li></ul>	<ul style="list-style-type: none"><li>Study Course Syllabus</li><li>Read Chapters 1 &amp; 2</li><li>Chapter review questions</li><li>Participate in the Discussion Forum</li><li>Complete Assignment</li></ul>	Assignment 1 upon completion of the lesson	Objective 1 Objective 2
TITLE	COURSE TOPIC	READINGS/ASSIGNMENTS	DUE	OBJECTIVES
Lesson #2	<ul style="list-style-type: none"><li>The Voyage Through the Life Span</li><li>Sensation and Perception</li></ul>	<ul style="list-style-type: none"><li>Read Chapters 9 &amp; 3</li><li>Review PowerPoints</li><li>Chapter review questions</li><li>Participate in the Discussion Forum</li><li>Complete Assignment</li></ul>	Assignment 2 upon completion of the lesson	Objective 1 Objective 2
TITLE	COURSE TOPIC	READINGS/ASSIGNMENTS	OBJECTIVES	
Lesson #3	<ul style="list-style-type: none"><li>Consciousness</li><li>Learning</li></ul>	<ul style="list-style-type: none"><li>Read Chapters 4 &amp; 5</li><li>Review PowerPoints</li><li>Chapter review questions</li><li>Participate in the Discussion Forum</li><li>Complete Assignment</li></ul>	Objective 1 Objective 3 Objective 4	
TITLE	COURSE TOPIC	READINGS/ASSIGNMENTS	DUE	OBJECTIVES
Lesson #4				Objective 1 Objective 2

	<ul style="list-style-type: none"> <li>Memory: Remembrance of Things Past—and Future</li> <li>Thinking, Language, and Intelligence</li> </ul>	<ul style="list-style-type: none"> <li>Read Chapters 6 &amp; 7</li> <li>Participate in the Discussion Forum</li> <li>Chapter review questions</li> <li>Midterm Essay</li> </ul>	Assignment 3 upon completion of the lesson	Objective 5
<b>TITLE</b> Lesson #5	<b>COURSE TOPIC</b> <ul style="list-style-type: none"> <li>Motivation and Emotion</li> <li>Personality: Theory and Measurement</li> </ul>	<b>READINGS/ASSIGNMENTS</b> <ul style="list-style-type: none"> <li>Read Chapters 8 &amp; 10</li> <li>Review PowerPoints</li> <li>Chapter review questions</li> <li>Participate in 2 Discussion Forum</li> </ul>	<b>OBJECTIVES</b> Objective 1 Objective 2 Objective 6	
<b>TITLE</b> Lesson #6	<b>COURSE TOPIC</b> <ul style="list-style-type: none"> <li>Stress, Health, and Adjustment</li> <li>Psychological Disorders</li> </ul>	<b>READINGS/ASSIGNMENTS</b> <ul style="list-style-type: none"> <li>Read Chapters 11 &amp; 12</li> <li>Review PowerPoints</li> <li>Chapter review questions</li> <li>Participate in the Discussion Forum</li> <li>Complete Assignment</li> </ul>	<b>DUE</b> Assignment 4 upon completion of the lesson	<b>OBJECTIVES</b> Objective 1 Objective 2 Objective 7
<b>TITLE</b> Lesson #7	<b>COURSE TOPIC</b> <ul style="list-style-type: none"> <li>Methods of Therapy</li> <li>Social Psychology</li> </ul>	<b>READINGS/ASSIGNMENTS</b> <ul style="list-style-type: none"> <li>Read Chapters 13 &amp; 14</li> <li>Review PowerPoints</li> <li>Chapter review questions</li> <li>Participate in the Discussion Forum</li> <li>Complete Assignment</li> </ul>	<b>DUE</b> Assignment 5 upon completion of the lesson	<b>OBJECTIVES</b> Objective 1 Objective 2 Objective 6 Objective 8
<b>TITLE</b> Lesson #8	<b>READINGS/ASSIGNMENTS</b> <ul style="list-style-type: none"> <li>Review All Course Readings and PowerPoints</li> <li>Complete the Final Exam</li> <li>Request the Next Course</li> <li>Course Evaluation</li> <li>THANKS FOR A GREAT CLASS</li> </ul>		<b>DUE</b> Final exam upon completion of the lesson	<b>OBJECTIVES</b> Objective 1 Objective 2

## DESCRIPTION

This course presents the theories and principles of modern psychology. Students will cover various aspects of psychology and understand the practical application of psychological tenets to functional behavior.

### Program Objectives

1. Define Psychology.
2. Explain the physical, cognitive, moral, social, and emotional development of adolescents and adults.
3. Define consciousness.
4. Describe principles and methods of classical conditioning.
5. Discuss the roles of nature and nurture in the development of intelligence.
6. Describe the sociocultural perspective on personality.
7. Define stress and identify various sources of stress.
8. Explain why people obey authority figures and conform to social pressure.

# OBJECTIVES

---

1. Define Psychology.
2. Explain the physical, cognitive, moral, social, and emotional development of adolescents and adults.
3. Define consciousness.
4. Describe principles and methods of classical conditioning.
5. Discuss the roles of nature and nurture in the development of intelligence.
6. Describe the sociocultural perspective on personality.
7. Define stress and identify various sources of stress.
8. Explain why people obey authority figures and conform to social pressure.

# STUDENT SERVICES

---

handshake test